

$$3) \Delta x = \sqrt{\langle x^2 \rangle - \langle x \rangle^2} \quad \Delta p = \sqrt{\langle p^2 \rangle - \langle p \rangle^2}$$

For all ^{energy} eigenstates, $\langle x \rangle = \frac{L}{2}$ $\langle p \rangle = 0$ $\langle p^2 \rangle = 2m\langle E \rangle$
 $\rightarrow \langle p^2 \rangle = \frac{\pi^2 \hbar^2}{L^2} n^2$

so, all you need to calculate is

$$\langle x^2 \rangle = \int x^2 u_n^2(x) dx \quad u_n = \sqrt{\frac{2}{L}} \sin\left(\frac{n\pi x}{L}\right)$$

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$$\sin^2 A = -\frac{1}{4}(e^{i2A} + e^{-i2A} - 2) = \frac{1}{2} - \frac{1}{2} \cos 2A$$

$$\begin{aligned} \langle x^2 \rangle &= \frac{2}{L} \int_0^L x^2 \sin^2\left(\frac{n\pi x}{L}\right) dx = \frac{1}{L} \int (x^2 - x^2 \cos\left(\frac{2n\pi x}{L}\right)) dx \\ &= \frac{1}{L} \left\{ \frac{1}{3} x^3 - \frac{Lx^2}{2n\pi} \sin\left(\frac{2n\pi x}{L}\right) - \frac{L^2 x}{2n^2 \pi^2} \cos\left(\frac{2n\pi x}{L}\right) + \frac{L^3}{4n^3 \pi^3} \sin\left(\frac{2n\pi x}{L}\right) \right\} \end{aligned}$$

$$\langle x^2 \rangle = \frac{1}{L} \left\{ \frac{1}{3} L^3 + \frac{L^3}{2n^2 \pi^2} \right\} = L^2 \left(\frac{1}{3} + \frac{1}{2n^2 \pi^2} \right)$$

$$\text{So } \Delta p = \sqrt{\frac{\pi^2 \hbar^2}{L^2} n^2 - 0} = \frac{n\pi \hbar}{L}$$

$$\Delta x = \sqrt{L^2 \left(\frac{1}{3} + \frac{1}{2n^2 \pi^2} - \frac{1}{4} \right)} = L \sqrt{\frac{1}{12} + \frac{1}{2n^2 \pi^2}}$$

$$\Delta x \Delta p = n\pi \hbar \sqrt{\frac{1}{12} + \frac{1}{2n^2 \pi^2}} \quad \text{If } n=1 \quad \Delta x \Delta p = .568 \hbar$$

$$\text{If } n=2 \quad \Delta x \Delta p = 1.67 \hbar$$

The uncertainty is smaller for $n=1$, but just above the minimum value of $\hbar/2$.

As n gets large $\Delta x \rightarrow L/\sqrt{12}$ while $\Delta p = n\pi \hbar / L$

so

$$\Delta x \Delta p \rightarrow \frac{n\pi \hbar}{\sqrt{12}} \quad \text{which just increases with } n.$$